

| Monday                                                                                   | Tuesday                                                                                              | Wednesday                                                                                                                                                                  | Thursday                                                                                                             | Friday                                                                                     | Cafeteria Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                          |                                                                                                      |                                                                                                                                                                            | 10/1/26                                                                                                              | 10/2/26                                                                                    | Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                                                          | This institution is an equal opportunity provider.                                                   | Don't forget to fill out an application for free and reduced school lunches. Applications are available online at <a href="http://www.girard248.org">www.girard248.org</a> | Breakfast Bites, Tri Tater, Applesauce, 100% Fruit Juice Variety, Milk Variety                                       | Ultimate Breakfast Round, Yogurt, Diced Peaches, 100% Fruit Juice Variety, Milk Variety    | <b>Breakfast</b><br><b>Choice of one Entrée</b><br>Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick<br><b>Choose One Side</b><br>Assorted Fruits<br><b>Choose One</b><br>White or Chocolate Milk                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 10/5/26                                                                                  | 10/6/26                                                                                              | 10/7/26                                                                                                                                                                    | 10/8/26                                                                                                              | 10/9/26                                                                                    | Lunch                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| WG Cereal Variety, String Cheese, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety | Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety                            | Breakfast Pizza Bagel, Fresh Orange, 100% Fruit Juice Variety, Milk Variety                                                                                                | Sausage Biscuit, Applesauce, 100% Fruit Juice Variety, Milk Variety                                                  | French Toast Sticks w/ Syrup, Yogurt, Sliced Pears, 100% Fruit Juice Variety, Milk Variety | <b>RVH Lunch</b><br>Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu.<br>*                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 10/12/26                                                                                 | 10/13/26                                                                                             | 10/14/26                                                                                                                                                                   | 10/15/26                                                                                                             | 10/16/26                                                                                   | GMS / GHS Lunch                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| WG Cereal Variety, String Cheese, Fruit Cup, 100% Fruit Juice Variety, Milk Variety      | Biscuits & Gravy, Sliced Pears, 100% Fruit Juice Variety, Milk Variety                               | Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variet                                                                                                     | Breakfast Combo Bar (Hashbrown, Ham & Cheese), Banana Bread Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety | Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety   | <b>Choice of one Entrée</b><br><b>Main Line</b> - Select one Entrée from Featured Menu.<br><b>Alt. Line</b> - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crispos)<br>*<br><b>Cold Deli Line - All items Offered Daily:</b><br>Chef Salad Peach or<br>Blueberry Yogurt Parfait Cubed Cheese,<br>Grape & Cracker Cups Ham or Turkey<br>Sandwich w/ Sun Chips Chicken Salad or<br>Deli Wraps<br>*<br><b>Choose up to Three Sides</b><br>Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts<br>*<br><b>Choose One</b><br>White or Chocolate Milk |
| 10/19/26                                                                                 | 10/20/26                                                                                             | 10/21/26                                                                                                                                                                   | 10/22/26                                                                                                             | 10/23/26                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| WG Cereal Variety, String Cheese, Diced Pears, 100% Fruit Juice Variety, Milk Variety    | Cinnamon French Toast w/ Syrup , Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety | Scrambled Egg & Bacon Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety                                                                                      | Pancake on a Stick, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety                                         | No School                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 10/26/26                                                                                 | 10/27/26                                                                                             | 10/28/26                                                                                                                                                                   | 10/29/26                                                                                                             | 10/30/26                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| WG Cereal Variety, String Cheese, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety | Mini Waffles, Sausage Links, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety                | Egg Omelet, Cherry Frudel, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety                                                                                          | Breakfast Burrito, Fresh Apple, 100% Fruit Juice Variety, Milk Variety                                               | Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| This Menu is Subject to Change Without Notice                                            |                                                                                                      |                                                                                                                                                                            |                                                                                                                      |                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |